

Life Style and Livelihood Goals Worksheet

Introduction:

It is often helpful to pause and take an inventory of how well you are doing in your life. How happy are you? How challenged are you? How do you feel about where you are in your life and in your career? To what extent and in which areas of your life would you like your future to be better than your past?

Questions to consider:

1. What has been going well for you in both your life and in your career that you would like to continue?
2. What actions, activities or initiatives would you like to tweak a little to deliver better results for you in the future?
3. What would you like to do totally different to deliver better results for you in the future? Why?
4. What needs to happen for you to feel really good about your life and your career? Please explain.

Creating My Future My Way

By:

My *Life Style* Goals

(List three to five important *Life Style* goals—faith, family, friends, fame, fortune, fitness, fulfillment, etc.—that propel you to do what you do for a living. These are your “**WHYs.**”)

1.

2.

3.

My *Livelihood* Goals: Next three to five years

(Successfully achieving these career success goals confirms that you are effective at what you do for a living and serves as a source of funds to finance your *Life Style* Goals.)

1.

2.

3.

My Major Initiatives this Quarter (These are your specific career success commitments to yourself for the next 90 days. Your daily schedule of activities will reflect your level of commitment to your career success.)

1.

2.

3.

