

## Creating Your Future, Your Way™

Session	Theme	Major Topics	Deliverables
1	<b>Do You Know Who You Are?</b>	<ul style="list-style-type: none"> <li>• Self Awareness—Key to personal &amp; professional growth</li> <li>• Strengths, Interests, Motivational Drivers</li> <li>• Happiness–Productivity connection</li> <li>• Work/Life balance; enjoying life while making a living</li> </ul>	Enhanced understanding of your significant strengths, what you love to do, what you do really well and how you prefer others to interact with you; Creation of your Personal Purpose Statement
2	<b>The ABC's of Success</b>	<ul style="list-style-type: none"> <li>• Building on your Strengths</li> <li>• 10,000 hours to greatness</li> <li>• Creating Your Future, your Way™</li> </ul>	Clarification and commitment to <u>your</u> Life Style Goals™ and <u>your</u> Livelihood Goals™
3	<b>Embracing Your “WHY”</b>	<ul style="list-style-type: none"> <li>• Strengthening your Belief System</li> <li>• White Board and magic card success tools</li> <li>• The Power of Perspective, Purpose and Passion</li> </ul>	Creation of <u>your</u> 90 Day Initiatives linked to your Livelihood Goals™ Recognizing that your Livelihood Goals™ finance your Life Style Goals™
4	<b>Enjoying Your Daily Journey</b>	<ul style="list-style-type: none"> <li>• Living your life on purpose</li> <li>• Accountability–Commitment–Productivity connection</li> <li>• Moving from Frustration to Focus to Flourish</li> <li>• Prioritization habits</li> <li>• Avoiding distractions</li> <li>• Learning to let go of your non value adding habits</li> </ul>	Development of <u>your</u> Ideal Work Week Commitment to F.O.C.U.S. (Follow One Course Until Successful) Embedding your strategy into your daily schedule of activities
5	<b>Becoming The “YOU” You Were Meant To Be</b>	<ul style="list-style-type: none"> <li>• The Power of Preparation, Positivity and Perseverance</li> <li>• Driving Forces™</li> <li>• Restraining Forces™</li> <li>• Staying in a positive psychic space</li> </ul>	Keeping your life on course Optimizing the Driving Forces™  Eliminating the Restraining Forces™
6	<b>Creating Your Ripple Effect</b>	<ul style="list-style-type: none"> <li>• How do you want to be remembered?</li> <li>• Bringing out the best in others</li> <li>• Living the life you love and loving the life you live</li> </ul>	Making a difference in the lives of others  Attracting voluntary followers Leading from the front

**The Growth Group, LLC, 2018**

*“What would you attempt to do if you knew you could not fail?”*